

# Recapitulation

## An In-depth Study of Christian Science Class Teaching as Taught by Mary Baker Eddy



### A Six-day, Interactive Workshop

Christian Science Today offers a six-day interactive workshop that presents Christian Science Class Instruction as originally taught and explained by Mary Baker Eddy.

Covering essential topics from Recapitulation, this multimedia workshop covers material from the Bible, the Christian Science textbook, *Science and Health with Key to the Scriptures* and other writings of Mrs. Eddy.

Students are given workbooks, take-aways and study guides to enable them to further study the topics discussed during the workshop. Each day is broken into a morning and afternoon session, 3 hours each. Each session is presented and moderated by a certified Christian Science instructor from Christian Science Today.

Students are encouraged to participate by asking questions and engaging in discussions. Assignments are given at the end of each session and all participants are asked to study citations and other class-related material nightly after each session.

As with all of Christian Science Today educational offerings, this workshop has been carefully and thoughtfully designed to be both interactive and informal to encourage discussion and foster an environment conducive to learning.

Carefully modeled after the teaching delivered by Mary Baker Eddy at the Massachusetts Metaphysical College, workshops are delivered in a consistent, multi-media format with an emphasis on the “Socratic method” of questions and answers as employed early Christian Science teachers.

Presented to individuals in private workshops by application only. For further information or an application, please contact our workshop coordinators.

The next page contains a daily overview of the material covered.

“Love for God and man is the true incentive in both healing and teaching. Love inspires, illumines, designates, and leads the way. Right motives give pinions to thought, and strength and freedom to speech and action.”

— Mary Baker Eddy



Mary Baker Eddy  
The Discoverer and Founder  
of Christian Science

## Christian Science Today

Christian Science Today is an independent, non-profit organization established to extend learning and educational programs worldwide that are insightful, inspiring and true to the teachings of Mary Baker Eddy.

These programs are made possible by the generous financial and metaphysical support of contributors like you. To learn more about becoming involved with these efforts, or to make a donation, call us toll-free or log onto our website.

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Christian  
Science  
Today

*Encouraging spiritual renewal in church congregations  
and in the daily lives of individuals worldwide.*

### Day 1

#### God: His Names and Attributes Comprise His Universe

Science and Health page 465: 8-10  
Question 1: What is God?

Science and Health page 465:11-15  
Question 2: Are these terms synonymous?

Science and Health page 465:16-6  
Question 3: Is there more than one God or Principle?

Science and Health page 466: 7-31  
Question 4: What are spirits and souls?

### Day 2

#### Man: The Focus of the Activities of the Attributes

Science and Health page 467:1-7  
Question 5: What are the demands of the Science of Soul?

Science and Health page 468: 8-15  
Question 6: What is the scientific statement of being?

Science and Health page 468:16-24  
Question 7: What is substance?

Science and Health page 468: 25-6  
Question 8: What is Life?

Science and Health page 469: 7-11  
Question 9: What is intelligence?

### Day 3

#### Law: Exterminating Erroneous Attributes

Science and Health page 469:12-21  
Question 10: What is Mind?

Science and Health page 471: 22-12  
Question 11: Are doctrines and creeds a benefit to mankind?

Science and Health page 472:13-22  
Question 12: What is error?

Science and Health page 472: 23-4  
Question 13: Is there no sin?

### Day 4

#### Process: Translating the Universe Back into Spirit

Science and Health page 475: 5-18  
Question 14: What is man?

Science and Health page 477:19-13  
Question 15: What are body and Soul?

Science and Health page 478:14-12  
Question 16: Does brain think and do nerves feel, and is there intelligence in matter?

Science and Health page 482:13-5  
Question 17: Is it important to understand these explanations in order to heal the sick?

### Day 5

#### Demonstration: Required for Man's Transfiguration

Science and Health page 484: 6-27  
Question 18: Does Christian Science, or metaphysical healing include medication, material hygiene, mesmerism, hypnotism, theosophy, or spiritualism?

Science and Health page 484: 28-12  
Question 19: Is materiality the concomitant of spirituality, and is material sense a necessary preliminary to the understanding and expression of Spirit?

Science and Health page 487:13-13  
Question 20: You speak of belief. Who or what is it that believes?

### Day 6

#### The Kingdom: Resuming the Unseen Individuality

Science and Health page 488:14-8  
Question 21: Do the five corporeal senses constitute man?

Science and Health page 493: 9-24  
Question 22: Will you explain sickness and show how it is to be healed?

Science and Health page 495: 25-27  
Question 23: How can I progress most rapidly in the understanding of Christian Science?

Science and Health page 496: 28-27  
Question 24: Have Christian Scientists any religious creed?